

22nd September | World Car Free Day

Fewer cars on the streets result in less noise and pollution and more health for you and for the planet!



WORLD CAR FREE DAY WAS CREATED IN FRANCE IN 1997 AND IS CELEBRATED EVERY SEPTEMBER 22ND. ITS MAIN GOAL IS TO GET PEOPLE TO REFLECT ON WHAT THE EXCESSIVE USE OF VEHICLES CAN CAUSE TO THEIR HEALTH AND THE PLANET.

Have a look below:



· According to São Paulo State's Environmental Company, in 2019, the fleet of vehicles in the State's capital was made of about 9 million cars. If these vehicles were all left at home, 500 tons of carbon monoxide would no longer be dumped into the air every single day.



· According to the World Health Organization, air pollution indirectly kills around 2 million people every year.





· An estimate of 25% of a city's land is destined to be used for parking. Changes in habit could also have the upside of a better use of the city space by its people.



· In Brazil, as least 5 people die in road accidents every hour.

 The number of injured road victims in the last ten years was over 1.6 million people, which costed the Universal Healthcare System almost R\$ 3 billion - this means money that came out of our pocket.



The absence of a car in the garage can also help end sedentary lifestyles, since people are more likely to take walks when using public transportation. According to the Ministry of Health, physical inactivity is the fourth leading risk factor for global death.

SO THEN, HOW ABOUT RETHINKING YOUR ATTITUDES BEFORE TAKING THE CAR OUT OF THE GARAGE TO GO TO PLACES THAT YOU CAN GET TO BY WALKING OR CYCLING?

CREATING A
BETTER WORLD IS
IN OUR HANDS!

